



Welcome to
SURGICAL SERVICES
at Hendrick Medical Center

Arrival Date: _____

Arrival Time: _____

Surgery Time: _____

Getting Ready for the Day of Surgery

The following instructions are here to help you prepare for surgery. Following these instructions will help minimize the probability of your surgery being delayed or cancelled.

- Do not eat or drink anything after midnight. This includes water, ice chips, cough drops, gum, mints and candy.
- Alcoholic beverages should not be consumed 24 hours before surgery.
- Tobacco products, including e-cigarettes, vapors, smoking, dip or chew, should not be used 12 hours before surgery. Please also remember Hendrick Medical Center is a tobacco-free campus.
- Please shower using Chlorhexidine or antibacterial soap the night before and the morning of your procedure. Lather soap on entire body, excluding use on your face and head.
- You may use deodorant.
- Do not use lotions, powders or perfumes on the skin after use of soap.
- Please consult your ordering physician if you are currently taking blood thinners or beta blockers prior to your procedure.

Day of Surgery

- Please check in with receptionist upon arrival.
- Your family will be notified of your surgery progress, either by phone or through Smart Tracking System.
- You will be supplied with a patient gown. Consider what type of surgery you are having when choosing the clothes you will wear home. Please bring an extra change of clothes and underwear.
- Leave all jewelry (including wedding bands) and valuables at home.
- Do not wear hair pins or metal items, as they are not permitted in the operating room.
- Limit makeup and skin care products.
- False fingernails and fingernail polish can be worn on non-operative hand or foot.
- **Medications may be taken morning of procedure with a small sip of water**

Pre Admission Testing
325-670-2886
Preop-325-670-2969



Jones Building • 1924 Pine St. • Abilene, Texas 79601